

Family Resource Guide



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**The
Family Support Center**

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Child and Family
Services

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After School Programs

Boys and Girls Clubs of Greater Salt Lake

Administrative Offices

669 South 200 East, Suite 100, Salt Lake City 801.322.4411 bgcutah.org

Boys & Girls Clubs of Greater Salt Lake operates after school programs (scholarships available) at the following sites in the Salt Lake and Tooele areas:

968 East Sugarmont Drive (2225 South), Salt Lake City 801.484.0841

460 South Concord Street (1235 West), Salt Lake City 801.364.9118

567 West 300 North, Salt Lake City 801.531.7652

7631 Chapel Street, Midvale 801.256.9008

352 North Main Street, Tooele 435.843.5719

Programas Despues de la Escuela

Boys and Girls Clubs del Gran Salt Lake

Oficinas Administrativas

669 South 200 East, Suite 100, Salt Lake City 801.322.4411 bgcutah.org

Boys & Girls Clubs de Salt Lake tiene programas despues de la escuela (becas disponibles) en las siguientes areas en Salt Lake y en Tooele:

968 East Sugarmont Drive (2225 South), Salt Lake City 801.484.0841

460 South Concord Street (1235 West), Salt Lake City 801.364.9118

7631 Chapel Street, Midvale 801.256.9008

567 West 300 North, Salt Lake City 801.531.7652

352 North Main Street, Tooele 435.843.5719

Animal and Pet Services

No More Homeless Pets in Utah

8029 South 700 East, Sandy

Discounted or free spay and neuter program.

801.432.2124

utahpets.org

Humane Society of Utah

4242 South 300 West, Murray

Discount spay and neuter and pet vaccinations.

801.261.2919

utahhumane.org

Pet Samaritan Fund

3802 South Sunnydale Avenue, Salt Lake City

Salt Lake based nonprofit available to help with pet's medical bills if the owner is unable to pay due to financial hardship or disability.

801.277.9263

petsamaritan.org

Servicios para Animales y Mascotas

No más Mascotas sin Hogar en Utah

8029 South 700 East, Sandy

Programas con gratuitos o con descuentos de esterilización y castración.

801.432.2124

utahpets.org

Sociedad Protectora de Animales en Utah

4242 South 300 West, Murray

Descuentos de esterilización, castración y vacunas de mascotas.

801.261.2919

utahhumane.org

Fondo Samaritano de Mascotas (Pet Samaritan Fund)

3802 South Sunnydale Avenue, Salt Lake City

Programa sin fines de lucro en Salt Lake para ayudar con los gastos medicos de mascotas si el dueño no puede pagar debido a dificultades financieras o discapacidad.

801.277.9263

petsamaritan.org

Autism**CTA Community Supports**

4444 S. 700 E. Ste. 203 Murray

801.268.4887

ctautah.org

Residential, day programs, after-school, professional parenting,
host homes, behavior support and clinical services for families
affected by autism.

Autism Council of Utah

230 West 200 South, Ste. 1101 Salt Lake City

autismcouncilofutah.org

Parenting resources for parents of autistic children.

Pingree Center for Children with Autism

780 South Guardsman Way, Salt Lake City

801.581.0194

carmenbpingree.com

Offers schooling and classes for children with autism.

Autismo**CTA Apoyo Comunitario**

4444 S. 700 E. Ste. 203, Murray

801.268.4887

ctautah.org

Programas residenciales diarios, programas después de la escuela
, clases profesionales para padres, casas de acogida, servicios de
apoyo al comportamiento y servicios clínicos para las familias
afectadas por el autismo.

Consejo de Autismo de Utah

230 West 200 South, Ste. 1101, Salt Lake City

autismcouncilofutah.org

Recursos para padres de niños Autistas.

Centro Pingree para Niños con Autismo

780 South Guardsman Way, Salt Lake City

801.581.0194

carmenbpingree.com

Ofrece clases para niños con autismo.

Burial Aid

Salt Lake County Indigent Burial Services

111 East Broadway (300 South), Suite 400 Salt Lake City

801.366.7887

Agency must be contacted before burial takes place, person who died must have no lifeinsurance and low income, and the death must have occurred in Salt Lake County.

Social Security Administration

175 E 400 South Suite 500, Salt Lake City

ssa.gov

Benefits vary.

Ayuda para Entierros

Servicios Funerarios para Personas de Bajos Recursos en el Condado de Salt Lake

111 East Broadway (300 South), Suite 400, Salt Lake City

801.366.7887

La agencia debe ser contactada antes del entierro. La persona que falleció no debe haber tenido un seguro de vida y debe tener bajos fondos. La muerte debe haber ocurrido en el condado de Salt Lake.

Administración del Seguro Social

175 E 400 South Suite 500, Salt Lake City

ssa.gov

Los beneficios varían.

Child Care

Family Support Center

2020 Lake Street, Salt Lake City

801.487.7778

familysupportcenter.org

3663 South 3600 West, West Valley City

801.967.4259

777 West Center Street, Midvale

801.255.6881

Provides free emergency childcare for up to 72 hours for children aged 0-11. WVC location open 24 hours a day.

Childcare Resource and Referral

124 South 400 East, Suite 400, Salt Lake City

801.355.4847

cssutah.org

Provides clients with one-time child care cost assistance equal to two weeks for families in a emergency situation and unable to pay child care costs. Refers child care providers based on family needs.

Neighborhood House

1050 West 500 South, Salt Lake City

801.363.4589

nh.utah.org

Full time preschool offered for ages 2-5 on a sliding scale.

Cuidado de Niños

Centro de Apoyo Familiar

2020 Lake Street, Salt Lake City

familysupportcenter.org

801.487.7778

3663 South 3600 West, West Valley City

801.967.4259

777 West Center Street, Midvale

801.255.6881

Proporciona cuidado de emergencia gratuito para niños por un maximo de 72 horas, En las edades de 0 a 11 años.

Recursos y Proveedores para el Cuidado de Niños

124 South 400 East, Suite 400, Salt Lake City

801.355.4847

cssutah.org

Proporciona ayuda a los clients una sola vez con los costos de cuidado de niños equivalente a dos semanas, para las familias en una situación de emergencia y que no pueden pagar los costos para el cuidado de sus hijos. Se refieren proveedores de cuidado infantil basado en las necesidades de la familia.

Cuidado de Niños

1050 West 500 South, Salt Lake City

801.363.4589

nh.utah.org

Preescolar de tiempo completo para niños de edades de 2-5. Se paga de acuerdo al ingreso.

Community Bins

Family Support Center

Midvale: 777 West Center Street, Midvale

Sugarhouse: 2020 Lake Street, Salt Lake City

West Valley: 3663 South 3600 West, West Valley City

Each location has a box of free clothing and other various items.

Community Bins

Centros de Apoyo Familiar

Midvale: 777 West Center Street, Midvale

Sugarhouse: 2020 Lake Street, Salt Lake City

West Valley: 3663 South 3600 West, West Valley City

Cada localización tiene una caja con ropa gratuita y otros artículos.

Computers (Computer and Internet use is always free at your local library)

Central City Computer Lab

615 South 300 East Salt Lake City 801 559-1550 recreation.slco.org
Free classes on job searches, resume building, Windows Applications, etc. Free use of computers.

Sorenson Unity Center

1383 S. 900 West Salt Lake City 801.525.6536 slcclassic.com/clubhouse
Free computer classes and usage.

Electroregeneration Society

555 South 400 West, Salt Lake City 801-987-0885 ergsoc.org
Provides refurbished computers to low income families and nonprofits.

Internet Essentials by Comcast

1.855.765.6995 internetessentials.com
Provides Comcast internet service for \$9.95 a month to families living in the Comcast service area who are eligible for free lunch according to the National School Lunch Program. Those eligible also receive a voucher to purchase a computer for \$149.99 plus tax.

Computadoras (El uso de la computadora e Internet es siempre gratis en su biblioteca pública local.)

Laboratorio de Computación en el Centro de la Ciudad

615 South 300 East Salt Lake City 801 559-1550 recreation.slco.org
Clases gratuitas para la búsqueda de empleo, ayuda con el Curriculum, aplicaciones de Windows, etc.

Sorenson Unity Center

1383 S. 900 West Salt Lake City 801.525.6536 slcclassic.com/clubhouse
Clases gratuitas de computacion. Uso gratuito de computadoras.

Electroregeneration Society

555 South 400 West, Salt Lake City 801-987-0885 ergsoc.org
Proporciona computadoras restauradas a las familias de bajos ingresos y a organizaciones sin fines de lucro.

Servicio de Internet por Comcast

855.765.6995 internetessentials.com
Proporciona el servicio de Internet de Comcast por \$ 9.95 al mes para las familias que viven en la área de servicio de Comcast que son elegibles para almuerzo gratis de acuerdo con el Programa Nacional de Almuerzo en las Escuelas. Las personas elegibles también recibirán un vale para comprar una computadora por \$ 149.99 más impuestos.

Counseling

Family Support Center

Various locations 801.955.9110 familysupportcenter.org
Sliding scale fee available, Medicaid and insurance accepted. Child, individual and family therapy available.

Valley Mental Health

5965 South 900 East, Murray 888.949.4VMH (4864) vmh.com
Sliding scale fee available, insurance accepted. Child, individual and family therapy available.

University Neuropsychiatric Institute

501 Chipeta Way, Salt Lake City 801.583.2500 healthcare.utah.edu/uni/
Insurance and medicaid accepted.

Consejeria

Centro de Apoyo Familiar

Varias localizaciones 801.955.9110 familysupportcenter.org
Los costos de las clases varian de acuerdo al ingreso del cliente. Se aceptan seguros medicos. Terapias individuales, familiares y para niños.

Valley Mental Health (Salud Mental)

5965 South 900 East, Murray 888.949.4VMH (4864) vmh.com
Los costos de acuerdo al ingreso. Se aceptan seguros medicos. Terapias individuales, familiares y para niños.

Instituto Universitario Neuropsiquiátrico

501 Chipeta Way, Salt Lake City 801.583.2500 healthcare.utah.edu/uni/
Se aceptan seguros medicos y Medicaid.

Dental Clinics

Community Health Centers

461 South 400 East, Salt Lake City	801.325.9538	chc-ut.org
1365 West 1000 North, Salt Lake City	801.328.5756	

Co-pay and sliding scale emergency dental care.

SLCC Dental Hygiene Clinic

801.967.6001

Free screenings, \$5 treatment plans for patients aged 5 and up.

Salt Lake Donated Dental Services Clinic

1383 South 900 West Salt Lake City	801.983.0345	donateddental.org
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Clients must be at or below 100% of federal poverty guidelines, and provide proof of income. \$10 suggested donation at the time of service. All dental care services provided for those who qualify.

Clínicas Dentales

Centros Comunitarios de Salud

461 South 400 East, Salt Lake City	801.325.9538	chc-ut.org
1365 West 1000 North, Salt Lake City	801.328.5756	

Co-pago y costo de acuerdo al ingreso en emergencias dentales.

SLCC Clínica de Higiene Dental

801.967.6001

Exámenes dentales gratuitos. Planes de tratamientos por \$5 para pacientes de 5 años en adelante.

Clínica Servicios dentales donados en Salt Lake

1383 South 900 West Salt Lake City	801.983.0345	donateddental.org
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Los clientes deben estar por debajo del 100% del nivel federal de pobreza, y proveer prueba de ingresos. Se sugiere una donación de \$10 en el momento del servicio. Todos los servicios dentales se proporcionaran a aquellos que califiquen.

Diapers

Catholic Community Services

745 East 300 South, Salt Lake City

801.977.8227

ccsutah.org

Provides diapers and other personal needs based on client eligibility.

Crossroads Urban Center

347 South 400 East, Salt Lake City

801.364.7765

crossroads-u-c.org

Provides diapers and formula for those in immediate crisis.

Reach Salt Lake

1235 West California Avenue, Salt Lake City

801.972.5708

reachsaltlake.org

Diapers size 1-5, wipes and formula, as needed.

Pañales

Servicios Comunitarios Católicos

745 East 300 South, Salt Lake City

801.977.8227

ccsutah.org

Provee pañales y otras necesidades personales basadas en la elegibilidad de los clientes.

Centro Urbano Crossroads

347 South 400 East, Salt Lake City

801.364.7765

crossroads-u-c.org

Provee pañales y formula para las personas en crisis inmediata.

Reach Salt Lake

1235 West California Avenue, Salt Lake City

801.972.5708

reachsaltlake.org

Pañales de las tallas del 1-5, toallitas y formula según sea necesario.

Disabilities

Turn Community Services

423 West 800 South Suite A200, Salt Lake City 801.359.8876 turncommunityservices.org
Residential, day support, respite care and employment assistance for the developmentally disabled.

Deaf and Blind Children's Fund

P.O. Box 12655, Ogden 801-390-3838 deafblindchildrensfund.com
Eye exams, adaptive assistance technology, glasses, hearing aids, Classroom help and more available to Utah residents under 21 years of age.

Utah Parent Center

230 West 200 South, Suite 1101 Salt Lake City 801.272.1051 utahparentcenter.org
Support and resources for parents of children with disabilities of all kinds.

DDI Vantage

3950 South 700 East, Suite 101, Salt Lake City 801.269.8108 ddivantage.org
Early intervention, Head Start, supported employment, free screenings and respite care for adults and children with developmental disabilities.

Discapacidad

Turn Community Services

423 West 800 South Suite A200, Salt Lake City 801.359.8876 turncommunityservices.org
Viviendas, apoyo diario, cuidado respiratorio y asistencia de empleo para las personas con discapacidades.

Fondo para Niños Sordos y Ciegos

P.O. Box 12655, Ogden 801-390-3838 deafblindchildrensfund.com
Exámenes de la vista, tecnología de adaptación, lentes, audífonos, ayuda en el salón de clases, y otras ayuda para residentes de Utah menores de 21 años.

Centro de Padres de Utah

230 West 200 South, Suite 1101 Salt Lake City 801.272.1051 utahparentcenter.org
Apoyo y recursos para padres de niños con discapacidades de todo tipo.

DDI Vantage

3950 South 700 East, Suite 101, Salt Lake City 801.269.8108 ddivantage.org
Intervención temprana, Head Start, apoyo en la búsqueda de empleo y atención para los adultos y niños con discapacidades.

Domestic Violence

Utah Domestic Violence LINKLine

Connects individuals with domestic violence issues to services provided in their communities 24 hours a day.

1.800.897.5465 udvac.org/linkline

YWCA Women in Jeopardy

A shelter for women and children fleeing domestic violence.

801.537.8600 ywca.org

Children's Justice Center

257 11th Avenue, Salt Lake City

Provides coordinated support for children during child abuse investigations.

385.468.4560 cjcslc.org

South Valley Sanctuary

P.O. Box 1028, West Jordan

Emergency shelter for female victims of domestic violence and their children.

801.255.1095 southvalleysanctuary.com

Legal Aid

205 North 500 West, Salt Lake City

Provides protection orders for victims of domestic violence regardless of income.

801.238.7170 legalaidsocietyofsaltlake.org

Volencia Doméstica

Linea de Enlace de la Violencia Doméstica en Utah

Conecta a las personas con problemas de violencia doméstica con los servicios que se prestan en la comunidad las 24 horas del día.

1.800.897.5465 udvac.org/linkline

YWCA Mujeres en Peligro

Un refugio para mujeres y niños que huyen de la violencia doméstica.

801.537.8600 ywca.org

Centro de Justicia para Niños

257 11th Avenue, Salt Lake City

Proporciona coordinacion de apoyo para los niños durante las investigaciones de abuso infantil.

385.468.4560 cjcslc.org

South Valley Sanctuary

P.O. Box 1028, West Jordan

Albergue de emergencia para mujeres y sus hijos víctimas de violencia doméstica.

801.255.1095 southvalleysanctuary.com

Education GED Training Centers

Granite Peaks Training Center

501 East 3900 South, Salt Lake City

GED Preparedness classes offered, year round, for a 5.00 per class fee. GED testing offered for an \$85.00 fee.

385.646.5447

granitepeaks.org

Horizonte School

1234 South Main Street, Salt Lake City

GED preparedness classes for \$20.00 per 6-8 week term for night classes and \$35.00 per 6-8 week term for daytime classes.

801.578.8574

slcschools.org

Utah State Office of Education

Your source for all GED related questions.

801.538.7921

schools.utah.gov/ged

Centros de Educación para obtener el GED

Centro de Entrenamiento de Granite Peaks

501 East 3900 South, Salt Lake City

Se ofrecen las clases de preparación para el GED durante todo el año, por un costo de \$5.00 por clase. El costo para tomar la prueba es \$85.00.

385.646.5447

granitepeaks.org

Escuela Horizonte

1234 South Main Street, Salt Lake City

Se ofrecen las clases de preparación para el GED en las mañanas por \$ 20.00 por un plazo de 6-8 semanas de clases. También se ofrecen clases de noche por \$ 35.00.

801.578.8574

slcschools.org

Oficina de Educación del Estado de Utah

Fuente de información para todas las preguntas relacionadas con el GED.

801.538.7921

schools.utah.gov/ged

Employment and Job Training

Utah Department of Workforce Services

720 South 200 East, Salt Lake City

801.536.7000

jobs.utah.gov

Access to job postings and unemployment benefits.

LDS Employment Resource Services

780 West 800 South, Salt Lake City

801.240.7240

ldsjobs.org

Assistance for job seekers including skill training, job placement and job coaching.

Empleo y Capacitación Laboral

Utah Department of Workforce Services

720 South 200 East, Salt Lake City

801.536.7000

jobs.utah.gov

Acceso a empleos disponibles y a los beneficios de desempleo.

Servicios de Recursos de Empleos SUD

780 West 800 South, Salt Lake City

801.240.7240

ldsjobs.org

Asistencia para personas que buscan empleo, incluyendo la formación profesional, colocación y capacitación laboral.

Emergency Services

9-1-1

In a life or death emergency always call 9-1-1.

American Red Cross

555 E 300 S # 200 Salt Lake City, UT

Emergency preparedness and relief.

801.323.7000

utahredcross.org

Poison Control Hotline

24 hour information on ingestion of harmful substances.

1.800.222.1222

Child Abuse Hotline

24 hour line, call to report child abuse.

1.855.323.3237

Rape and Sexual Assault Hotline

24 hour intervention, support and referrals for victims of rape and sexual assault provided by Rape Recovery Center.

1.888.421.1100

National Suicide Prevention Lifeline

24 hour confidential crisis counseling

1.800.273.8255

Servicios de Emergencia

9-1-1 En emergencias de vida o muerte llamar al 911.

La Cruz Roja Americana

555 E 300 S # 200 Salt Lake City, UT

Planes de emergencia y Socorro.

801.323.7000

utahredcross.org

Línea de Control de Envenenamiento

Información sobre la ingestión de sustancias nocivas las 24 horas del día.

1.800.222.1222

Línea de Abuso Infantil

Puede llamar para reportar el abuso infantil las 24 horas del día.

1.855.323.3237

Línea para Reportar la Violación y el Asalto Sexual

24 horas de intervención, apoyo y referencias a las víctimas de violación y asalto sexual proporcionado por el Centro de Recuperación de Violación.

1.888.421.1100

Línea Nacional para la Prevención del Suicidio

horas de asesoramiento en crisis confidenciales.

1.800.273.8255

English as a Second Language Instruction and Citizenship

English Skills Learning Center

631 North Temple, Salt Lake City

Free English and citizenship courses.

801.328.5608

eslcenter.org

Granite Peaks Learning Center

Multiple locations

Low cost citizenship test preparedness classes.

801.646.5447

granitepeaks.org

Horizonte Instruction and Training Center

1234 South Main Street, Salt Lake City

Low cost citizenship test preparedness and ESL instruction.

801.578.8574

slcschools.org

Enseñanza de Ingles como Segunda Lengua y de Ciudadanía

Centro de Aprendizaje de Ingles

631 North Temple, Salt Lake City

Clases gratuitas de Ingles y de Ciudadanía.

801.328.5608

eslcenter.org

Centro de Aprendizaje de Granite Peaks

Múltiples localidades

Clases de preparación para la prueba de la ciudadanía a bajo costo.

801.646.5447

granitepeaks.org

Centro de Instrucción y Enseñanza Horizonte

1234 South Main Street, Salt Lake City

Clases a bajo costo para la prueba de la ciudadanía y el ESL
(Ingles como segunda lengua).

801.578.8574

slcschools.org

Financial Assistance

Community Action Program

764 South 200 West, Salt Lake City

801.359.2444

slcap.org

Emergency Assistance Program provides emergency funds to clients who are able to prove that their housing payment default was caused by a situation that was out of their control.

LDS Church

Various locations. Contact your local Bishop.

Ayuda Financiera

Programa de Acción Comunitaria

764 South 200 West, Salt Lake City

801.359.2444

slcap.org

El programa de ayuda para emergencias proporciona fondos de emergencia a los clientes que demuestren que su incumplimiento de pago de vivienda fue causado por una situación que estaba fuera de su control.

La Iglesia de Jesucristo de los Santos de los Últimos Días.

Varias localizaciones. Contacte a su Obispo.

Financial counseling

AAA Fair Credit Foundation

230 West 200 South, Suite 3104 Salt Lake City
Financial counseling and budget help.

801.483.0999 faircredit.org

Community Action Program

764 South 200 West, Salt Lake City
Home buyer education.

801.359.2444 www.slcap.org

American Credit Foundation

7720 South 700 East, Midvale
Debt counselling and financial management

800.259.0601 debtguru.com

VITA Tax Assistance

Various locations
Volunteers prepare and file tax returns on behalf of low-income households.

801.433.3025 utahtaxhelp.org

Asesoramiento Financiero

AAA Fair Credit Foundation

230 West 200 South, Suite 3104 Salt Lake City
Asesoramiento financiero y ayuda presupuestaria.

801.483.0999 faircredit.org

Programa de Acción Comunitaria

764 South 200 West, Salt Lake City
Educación para personas que estan comprando casas por primera vez.

801.359.2444 slcap.org

Fundación Americana de Crédito

7720 South 700 East, Midvale
Asesoramiento de deudas y gestión financiera.

800.259.0601 debtguru.com

VITA Asistencia de Impuestos

Voluntarios ayudan a preparar las declaraciones de impuestos para personas de bajos ingresos.

801.433.3025 utahtaxhelp.org

Food and Emergency Groceries

211 and Food Pantries

Call 2-1-1 for the location of your nearest food bank.

LDS Welfare Square

780 West 800 South, Salt Lake City

Emergency food available, call for details.

801.240.4872

lds.org

Food Stamps

Contact Utah Department of Workforce Services

720 South 200 East, Salt Lake City

If qualified, food stamp benefits may be available within 7 days.

801.536.7000

jobs.utah.gov

Alimentos y Comidas de Emergencia

211 y Despensas de Alimentos

Llame al 2-1-1 para la ubicación de su banco de alimentos más cercano.

La Manzana de Bienestar de los SUD

780 West 800 South, Salt Lake City

Alimentos para emergencias disponibles. Llame para recibir detalles.

801.240.4872

lds.org

Estampillas de Comida

Contacte al Departamento de Workforce Services

720 South 200 East, Salt Lake City

Si califica para recibir los beneficios de estampillas de comida, estas podrían estar disponibles en menos de 7 días.

801.536.7000

jobs.utah.gov

Government Services / Servicios Gubernamentales

Draper	801.576.6500
Herriman	801.466.5323
Holladay	801.272.9450
Midvale	801.567.7200
Murray	801.264.2660
Riverton	801.254.0704
Salt Lake City	801.535.6333
Sandy	801.568.7100
South Jordan	801.254.4708
South Salt Lake	801.483.6000
Taylorsville	801.963.5400
West Jordan	801.262.3951
West Valley City	801.966.3600

Homeless Services

The Road Home

210 South Rio Grande, Salt Lake City 801.359.4142 theroadhome.org
Shelter, self sufficiency, and housing programs.

Rescue Mission of Salt Lake City

463 South 400 West, Salt Lake City 801.355.1302 rescuesaltlake.org
Walk-in, sit down lunches, brown bag program, day shelter, for all.
Showers and clothing and overnight shelter for homeless men.

Family Promise of Salt Lake

814 West 800 South, Salt Lake City 801.961.8622 fpsl.org
Day Center, case management, housing and housing retention for families.

LifeStart Village

Midvale 801.255.6921 familysupportcenter.org
Transitional housing for homeless mothers and their children.

Servicios a los Necesitados

El Camino a Casa

210 South Rio Grande, Salt Lake City 801.359.4142 theroadhome.org
Albergue. Programas de vivienda y autosuficiencia.

Misión de Rescate de Salt Lake City

463 South 400 West, Salt Lake City 801.355.1302 rescuesaltlake.org
No necesita una cita, puede sentarse para almorzar, programa de bolsa de papel marrón (bolsa con comida), albergue diario donde puede venir a bañarse y cambiarse de ropa. Refugio durante la noche para hombres sin hogar

Promesa Familiar de Salt Lake

814 West 800 South, Salt Lake City 801.961.8622 fpsl.org
Centro de cuidado diario, manejo de casos, vivienda y retención de viviendas para familias.

LifeStart Village

Midvale 801.255.9110 familysupportcenter.org
Alojamiento transitorio para madres y niños sin hogar.

Housing

Salt Lake Community Action

764 South 200 West, Salt Lake City 801.359.2444 slcap.org
Housing crisis intervention, HUD counselling, homelessness services, weatherization services, landlord/tenant mediation.

Salt Lake Housing Authority

County: 3595 South Main Street, Salt Lake City 801.284.4400 slco.org
City: 1776 South West Temple, Salt Lake City 801.487.2161 haslcutah.org
County: Section 8 rent subsidy for those who qualify.
City: Housing voucher for those who qualify, public housing, self-sufficiency program, housing for veterans.

Tooele Housing Authority

118 East Vine Street, Tooele 435.882.7875 co.tooele.ut.us
Housing vouchers and public housing for those who qualify, down payment assistance.

Viviendas

Acción Comunitaria de Salt Lake

764 South 200 West, Salt Lake City 801.359.2444 slcap.org
Intervención de hogares en crisis, asesoramiento de HUD, servicios de personas sin hogar, climatización

Autoridad de Viviendas en Salt Lake

Condado: 3595 South main Street, Salt Lake City 801.284.4400 slco.org
Ciudad: 1776 South West Temple, Salt Lake City 801.487.2161 haslcutah.org
Condado: Subsidio de renta (sección 8) para aquellos que califiquen.
Ciudad: Vale de vivienda para aquellos que califican, programa de viviendas públicas, de autosuficiencia, programa de viviendas de transición para los veteranos.

Autoridad de Viviendas de la Ciudad de Tooele

118 East Vine Street, Tooele 435.882.7875 co.tooele.ut.us
Vales de vivienda y de vivienda pública para aquellos que califican, ayuda para hacer los pagos.

Immigrant and Refugee Services

Utah Department of Workforce Services, Refugee Services Office

130 East 400 South, Salt Lake City 801.536.9000 refugee.utah.gov
A Utah State agency focused on assisting refugees with all aspects of adjusting to life in a new country.

LDS Humanitarian Center

1665 South Bennett Road (2030 West), Salt Lake City 801.240.5954
LDS Church sponsored employment and ESL assistance.

Lutheran Social Services

4392 South 900 East, Salt Lake City 801.558.0139 Issu.org
Lutheran church sponsored refugee food bank, food giveaways, clothing and household vouchers, and emergency UTA bus passes. Employment assistance available Mondays from 8:00 am to 4:00 pm.

Utah Refugee Coalition

165 South Main Street, Salt Lake City 801.258.9802 utahrefugee.org
Self-sufficiency, art, farming and soccer programs.

Servicios de Inmigrantes y Refugiados

Utah Department of Workforce Services, Oficina de Servicios para Refugiados

130 East 400 South, Salt Lake City 801.536.9000 refugee.utah.gov
Una agencia Estatal que asiste a los refugiados en todos los aspectos de la adaptación de la vida en un nuevo país.

Centro Humanitario de La Iglesia de Jesucristo de los Santos de los Ultimos Dias

1665 South Bennett Road (2030 West), Salt Lake City 801.240.5954
Patrocinado por La Iglesia de Jesucristo de los Santos de los Ultimos Dias ayuda con empleo y ESL (Ingles como segunda lengua).

Servicio Social Luterano

4392 South 900 East, Salt Lake City 801.558.0139 Issu.org
Banco de alimentos patrocinado por la Iglesia Luterana para refugiados, regalos de alimentos, vales para ropa y enseres domésticos, pases de emergencia para el bus (UTA).
Ayuda disponible para encontrar empleo. Abierto los Lunes de 8:00 am a 4:00 pm.

Coalición de Refugiados de Utah

165 South Main Street, Salt Lake City 801.258.9802 utahrefugee.org
Se enseña la autosuficiencia, arte, agricultura y programas de fútbol.

Medical

Salt Lake County Health Department

Various locations 385.468.4100 slvhealth.org
Preventive health care on a sliding scale for residents of Salt Lake County, especially those uninsured or underinsured.

Intermountain Neighborhood Clinics

855 West California Avenue, Salt Lake City 801.977.0502
Provides urgent and preventive care for patients of all incomes and ages.

Meliheh Free Clinic

415 East 3900 South, Salt Lake City 801.266.3700 malihehfreeclinic.org
Free clinic intended to served patients in poverty who are not eligible for Medicare, Medicaid and do not have health insurance.

Hope Clinic

65 East 6850 South, Midvale 801.568.6700 utahhopeclinic.org
Free clinic intended to served patients in poverty who are not eligible for Medicare, Medicaid and do not have health insurance.

Planned Parenthood Association of Utah

Locations in Salt Lake, West Valley, and South Jordan 801.532.1586 plannedparenthood.org
Sliding scale reproductive health services for men, women and teens.

Servicios Médicos

Departamento de Salud del Condado de Utah (Salt Lake County Health Department)

Varias localizaciones 385.468.4100 slvhealth.org
Atención médica preventiva para los residentes del Condado de Salt Lake, en especial las personas sin seguro. Las personas pagan de acuerdo a su ingreso.

Intermountain Neighborhood Clinics (Clínicas de Vecindario)

855 West California Avenue, Salt Lake City 801.977.0502
Proporciona atención de urgencia y preventiva para pacientes con cualquier tipo de ingreso y de cualquier edad.

Clinica Gratuita Meliheh

415 East 3900 South, Salt Lake City 801.266.3700 malihehfreeclinic.org
Clínica gratuita destinada a pacientes de bajos recursos que no son elegibles para recibir Medicaid o Medicare y que no tienen seguro médico.

Clinica Esperanza (Hope Clinic)

65 East 6850 South, Midvale 801.568.6700 utahhopeclinic.org
Clínica gratuita destinada a pacientes de bajos recursos que no son elegibles para recibir Medicaid o Medicare y que no tienen seguro médico.

.Asociación de Planificación Familiar de Utah

Ubicados en Salt Lake, West Valley, and South Jordan 801.532.1586 plannedparenthood.org
Los pacientes pagan de acuerdo a su ingreso. Salud reproductiva para hombres, mujeres y adolescentes.

Parenting Resources

Family Mentor Program

In-home, personalized and free parenting help.

801.955.9110

familysupportcenter.org

Family Support Center

Various Locations

On site parent education classes.

801.955.9110

familysupportcenter.org

Salt Lake County Department of Youth Services

177 West Price Avenue (3610 S), Salt Lake City

Substance abuse treatment, job training skills and free counseling for youth.

801.385.4684

youth.slco.org

Programa de Mentores para Familias

Varias Localizaciones

Ayuda personalizada para la crianza de los hijos. Clases se enseñan en su hogar.

801.955.9110

familysupportcenter.org

Centro de Apoyo Familiar

Varias Localizaciones

Clases de educación para padres.

801.955.9110

familysupportcenter.org

Departamento de Servicios para la Juventud del Condado de Salt Lake

177 West Price Avenue (3610 S), Salt Lake City

Tratamiento para personas drogadictas, capacitación laboral y asesoramiento gratuito para la juventud.

801.385.4684

youth.slco.org

Police Departments / Departamentos Policiales

Salt Lake County Sheriff's Office	801.743.7000	slsheriff.org
Salt Lake City Police	801.799.3000	slcpd.com/
South Salt Lake Police	801.840.4000	ssl.state.ut.us/police
2835 South Main Street, South Salt Lake		
Phone: 801.412.3600, Hours: Monday - Thursday, 7:00 am to 6:00 pm.		
West Valley Police,	801.840.4000	wvc-ut.gov
3575 South Market Street, West Valley City		
Phone: 801.963.3300, Hours: Monday - Thursday, 7:00 am to 6:00 pm		
Murray Police,	801.840.4000	murray.utah.gov
5025 South State Street, Suite 206, Murray		
Taylorsville Police	801.743.7000	taylorsvillecity.com/police
2600 W Taylorsville Blvd, Taylorsville		
West Jordan	801.840.4000	wjordan.com/Police
8040 South Redwood Road, West Jordan, Utah		
Sandy Police	801.840.4000	sandy.utah.gov/government/police-department/
10000 S Centennial Parkway, Sandy		
Phone: 801.568.7200, Hours: Monday – Friday, 8:00 am to 5:00 pm		

Pregnancy

Baby Your Baby Financial help, medical referrals, advice.	1.800. 826.9662	babyyourbaby.org
Teen Mother and Child Program 3690 South Main Street, Salt Lake City Prenatal care and support for mothers 18 or under.	801.468.4278	
WIC Program Various locations Nutrition education, breastfeeding education, nutritious foods and referrals for other assistance for pregnant women and mothers of children under 5 years.	385.468.4245	health.utah.gov/wic

Embarazo

Baby Your Baby Ayuda financiera, referencias médicas y asesoramiento.	1.800. 826.9662	babyyourbaby.org
Programa para la Madre Adolescente y su Bebé 3690 South Main Street, Salt City Cuidado prenatal, ayuda para las madres menores de 18 años.	801.468.4278	
Programa WIC Varias localizaciones Educación sobre la nutrición, lactancia materna, alimentos nutritivos y referencias para otros programas de asistencia a mujeres embarazadas y madres de niños menores de 5 años.	385.468.4245	health.utah.gov/wic

School Districts / Distritos Escolares

Salt Lake City School District

801.578.8599
440 E 100 S, Salt Lake City
slcschools.org

Granite School District

385.646.5000
2500 S State St, Salt Lake City
graniteschools.org

Jordan School District

801.567.8100
7387 S. Campus View Drive, West Jordan
jordandistrict.org

Canyons School District

801.826.5000
9150 S. 500 West, Sandy
canyonsdistrict.org

Murray School District

801.264.7100
147 East 5065 South, Murray
murrayschools.org

Tooele School District

435.833.1900
92 Lodestone Way, Tooele
tooeleschools.org

Substance Abuse

Alcoholics Anonymous

Various locations 801.484.7871 saltlakeaa.org
A 12 step program in a group setting for those who choose to stop abusing alcohol.

Narcotics Anonymous

Various locations 801.252.5326 uwana.org
A 12 step program in a group setting for those who choose to stop abusing illegal and prescription drugs.

Interim Group Services

450 South 900 East, Salt Lake City 801.532.1850
medicine.utah.edu/ARS/services/interimGroup
University of Utah assessment and referral program for those unable to afford substance abuse treatment services. Group services offered in English and Spanish. Bus and Trax vouchers available.

Valley Mental Services

Various locations 888.489.4864 vmh.com
Outpatient care for adults and youth.

House of Hope

857 East 200 South, Salt Lake City 888.849.4859 houseofhopeut.org
Residential detox with a focus on self sufficiency for women and their children.

Abuso de Sustancias

Alcohólicos Anónimos

Varias localizaciones 801.484.7871 saltlakeaa.org
Un programa de grupo en 12 pasos, para las personas que quieren dejar de ingerir licor.

Narcóticos Anónimos

Varias localizaciones 801.252.5326 uwana.org
Un programa de grupo de 12 pasos para las personas que quieren dejar las drogas ilegales y el abuso de prescripciones medicas.

Servicios Provisoriales de Grupo

450 South 900 East, Salt Lake City 801.532.1850 medicine.utah.edu/ARS/services/interimGroup
Programa de evaluación y referencias de la Universidad de Utah, para aquellos que no pueden pagar el tratamiento para dejar las drogas y las sustancias nocivas. Se ofrecen clases en grupo en Inglés y Español. Vales para el uso del bus o tren estan disponibles.

Valley Mental Services

Varias localizaciones 888.489.4864 vmh.com
Atención ambulatoria para adultos y jóvenes.

Casa de la Esperanza (House of Hope)

857 East 200 South, Salt Lake City 888.849.4859 houseofhopeut.org
Residencia para la desintoxicación de mujeres y sus hijos con un enfoque en la autosuficiencia.

Thrift Stores

Deseret Industries

Various locations

deseretindustries.lds.org

Thrift Town

3330 South 1300 East Salt Lake City

801.486.4944

thrifttown.com

Crossroads Urban Center Thrift Store

1385 West Indiana Avenue (840 south) Salt Lake City

801.359.8837

crossroads-u-c.org

Savers

4145 South Redwood Road, Salt Lake City

801.262.2150

savers.com

Tiendas de Ahorro

Industrias Deseret

Varias localizaciones

deseretindustries.lds.org

Ciudad de Ahorro (Thrift Town)

3330 South 1300 East Salt Lake City

801.486.4944

thrifttown.com

Crossroads Urban Center Thrift Store

1385 West Indiana Avenue (840 south) Salt Lake City

801.359.8837

crossroads-u-c.org

Savers

4145 South Redwood Road, Salt Lake City

801.262.2150

savers.com

Transportation

Utah Transit Authority

1.888. RIDE.UTA

rideuta.com

Public transport, ride share program, downtown Salt Lake
free fare zone from 500 North to 500 South and 600 West
to 200 East in downtown Salt Lake.

Transporte

Utah Transit Authority

1.888. RIDE.UTA

rideuta.com

Programa de transporte público, zona de tarifa libre en el area
de la 500 Norte hasta la 500 Sur y de la 600 Oeste hasta la
200 Este en el centro de Salt Lake.

Utility Assistance

HEAT Program

Various locations 801.538.8644 dced.utah.gov
Utility bill assistance for low income households.

Utah Telephone Assistance Program

324 South State Street, Salt Lake City 801.538.8793 community.utah.gov
Provides a partial discount on phone service and hook-up fee to those with an income under 135% of the federal poverty guideline.

Assurance Wireless

1.888.898.4888 assurancewireless.com
Provider of free cell phone service to people meeting preset guidelines.
Call to sign up.

Asistencia para los Servicios Publicos

Programa HEAT

Varias localizaciones 801.538.8644 dced.utah.gov
Ayuda para pagar el recibo del Gas para familias de bajos ingresos.

Programa de Asistencia Telefónica de Utah

324 South State Street, Salt Lake City 801.538.8793 community.utah.gov
Ofrece un descuento parcial del servicio telefónico y cuota de enganche para aquellos con un ingreso por debajo del 135% del nivel federal de pobreza.

Assurance Wireless

1.888.898.4888 assurancewireless.com
Proveedor de servicio gratuito de teléfono celular a las personas que reúnan requisitos pre-establecidos. Llame para registrarse.

Vision

Eyecare For Kids

6911 South State Street, Midvale 801.255.8525 eyecare4kids.org
Provides eye exams and glasses at a low cost for low income children.

Friends for Sight

661 South 200 East, Salt Lake City 801.524.2020 for-sight.com
Provides vision screening for adults and children with a family income of less than 200% of the federal poverty level. Provides low cost glasses for children not covered by medicaid who are US citizens or legal immigrants.

Lions Club, Salt Lake City

4542 Cottage Grove Lane, Murray 801.261.5225
Provides eye care screenings and eyeglasses to low income families and individuals.

Visión

Atención de la Vista para Niños

6911 South State Street, Midvale 801.255.8525 eyecare4kids.org
Proporciona exámenes de la vista y lentes a bajo costo para niños de bajos ingresos.

Amigos de la Vista

661 South 200 East, Salt Lake City 801.524.2020 for-sight.com
Proporciona exámenes de la vista para adultos y niños con un ingreso familiar de menos del 200% del nivel federal de pobreza. Proporciona lentes a bajo costo para niños que no están cubiertos por Medicaid que son ciudadanos Estadounidenses o inmigrantes legales.

Club de Leones, Salt Lake City

4542 Cottage Grove Lane, Murray 801.261.5225
Proporciona exámenes de cuidado de la vista y lentes a los necesitados.

Victim Advocate Programs / Programas Defensores de Victimas

Cottonwood Heights Police Dept. Victim Services

1265 East Fort Union Blvd. Cottonwood Heights
801.944.7042

Draper City Draper City Police Dept. Victim Advocate Program

1020 East Pioneer Road Draper
801.576.6355

Unified Police Department Victim Advocate Center

7912 South Main Street Midvale
385.468.9365

Murray City Police Victim Advocate Program

5025 South State Street Murray
801.284.4201 or 801.284.4203

Family Justice Center

344 East 300 South, Lower Level Salt Lake City
801.236.3370

Victim Resource Center

327 East 200 South Salt Lake City
801.799.3756 or 801.580.7969

Salt Lake County Sheriff's Office Victim Advocate Program

3365 South 900 West Salt Lake City
801.743.5861 or 801.743.5860

Salt Lake County, District Attorney Counseling Unit

111 East Broadway, 4th Floor Salt Lake City
801.363.7911

Salt Lake City Prosecutors Office Victim/Witness Program

349 South 200 East Salt Lake City
801.535.7986

Sandy City Police Dept. Victim Advocate Program

10000 South Centennial Parkway Sandy
801.568.7283, 801.568.6082 or 801.568.4627

South Jordan Police Dept. Victim Advocate Program

1600 West Towne Center South Jordan
801.254.4708, ext. 1216

South Salt Lake Police Dept. Victim Advocate Program

2835 South Main South Salt Lake

801.412.3660 or 801.412.3662

Taylorsville City Police Victim Advocate Program

2600 West Taylorsville Blvd. Taylorsville

801.955.2067

West Jordan Public Safety Dept. West Jordan Victim Advocate

8000 South 1700 West West Jordan, UT 84088

801.566.6511

West Valley City Attorney's Office Victim Advocate Program

3375 South Market Street West Valley

801.963.3223

Tooele County

Tooele Domestic Violence & Sexual Assault Victim Advocacy Crisis Line

435.882.6888 or 1.866.982.6888

Tooele City Police Dept. Victim Advocate Program

323 North Main Tooele

Youth

National Runaway Switchboard

800.786.2929 1800.runaway.org
24 hour confidential hotline to assist teens who want to run away, are dealing with bullying or who are dealing with any other kind of stress.

Homeless Youth Resource Center

655 South State Street, Salt Lake City 801.364.0744 voaut.org
Drop in center providing services to homeless youth.

Colors of Success

1747 South 900 West, Salt Lake City 801.596.9081 colorsofsuccess.com
Youth gang prevention program

Juventud

Linea Nacional para Jovenes Fugitivos

800.786.2929 1800runaway.org
Linea confidencial abierta las 24 horas para ayudar a los adolescentes que quieren huir de su hogar ya sea por intimidación o cualquier otro tipo de estrés.

Centro de Recursos para Jovenes sin Hogar.

655 South State Street, Salt Lake City 801.364.0744 voaut.org
Servicios para jovenes sin hoga, atención a cualquier hora.

Los Colores del Exito

1747 South 900 West, Salt Lake City 801.596.9081 colorsofsuccess.com
Programa de prevención de pandillas juveniles.

